Paklijst voor umrah en hadj

From samaway.com — https://samaway.com/index.php/nl/guides/what-to-bring

Ihram and clothing

- [ ] Two ihram sheets (men), plus a spare set
- [ ] Ihram belt with a zipped pocket
- [ ] Loose, modest clothing for women, in light colours
- [ ] Open sandals that leave the top of the foot uncovered

Power and phone

- [ ] Type G plug adapter (three square pins), 230 volts
- [ ] Power bank for long days at the Haram
- [ ] eSIM or local SIM for data

Health and comfort

- [ ] Unscented soap, shampoo and deodorant for the time in ihram
- [ ] Unscented lip balm and skin cream
- [ ] Your own medicines, with the prescription
- [ ] Refillable water bottle
- [ ] Small umbrella for shade

Papers

- [ ] Passport valid for at least 6 months
- [ ] Visa and the meningitis ACWY vaccination certificate
- [ ] Printed copy of your booking and the company's phone number

For the mosque

- [ ] Small bag for your shoes
- [ ] Pocket du'a book or Qur'an
- [ ] Light prayer mat

Alleen algemene informatie. Ga voor elke vraag over de regels van de ihram in jouw situatie naar de imam van de dichtstbijzijnde moskee, zodat hij je kan begeleiden.